

Zoe Roberston

Naturopathy Return Case Record

Date of birth 12 Mar 2004

Practitioner Tiana Quaife

Appointment 10 Apr 2024, 4:00PM

Created 10 Apr 2024, 3:44PM

Last updated 16 Apr 2024, 5:07PM

Return Case Record

Risks update

- ☐ Allergies/Intolerances
- ☐ Pregnancy
- ☐ Lactation
- ☐ Medical Devices

Diagnosed medical conditions update

Medications/supplements update

Was taking MagGI restore (running low)
Still taking NAC (has enough)

Current presentation of main complaint(s)

Been sick since treatment on and off
Feeling better today after rest.

Immune -

Was coming on to being sick before previous consult. Took cold and flu, felt worse after a week. Got antibiotics - better for a week.

Last week had mouth ulcer and beginning of a cold sore. Ulcer progressed, went to doctors on friday and was given SM33. Sickness progressed to a sore throat. Came down with a cold 2 days later.

Sleep - Has been going to bed at 11pm on work nights - feels better for it. Sleeping earlier because of sickness.

Stress - "decently stressed", had a lot going on at home. Counsellor says shes doing well at controlling her own aspects of life but there are things that cant be controlled.

Vitiligo - dermatologist today. Seeing improvement in spots. Wanting to increase dosage. Currently at 2.40 minutes.

Potential for job opportunity in Boonah.

how far of a drive is boonah

Systems review

Additional systems to follow up

Diet

**Physical Examinations
(Biomedical/Holistic)**

Follow up notes

Body charts

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Supervisor's name Tina Taylor ANTA

Date 16 Apr 2024